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Introduction

At PB&J Family Services, we envision a world where children develop to their full potential within nurturing families and supportive communities. Our mission since 1972 has been to provide comprehensive wrap-around support services to vulnerable families in order to end multi-generational cycles of child abuse and neglect, incarceration, and poverty.

According to the 2016 Kids Count Data Center report, 30% of children in New Mexico live at or below the poverty line and our state ranks 49th for overall childhood wellbeing. Families in poverty face an increased amount of stressors. Without an adequate amount of support, this imbalance correlates to higher numbers of Adverse Childhood Events (ACEs). ACEs disrupt healthy development in children and can compromise self-regulation and executive function in adults. PB&J works with children and parents to address environmental conditions in the home. PB&J also provides parenting skills training, and case management to ensure protective factors are increased while simultaneously minimizing risk factors. We employ a variety of evidence-based early intervention services to manage and reduce the effects of ACEs as a long-term solution to alleviating poverty and familial violence in Central New Mexico.

With generous support from our community, we are able to help preserve families, and prepare children for school and success in life. In this report you will learn more about the wide range of programs at PB&J, client demographics, revenue and expenditures, as well as our innovative approach to creating lasting, positive change in the lives of at-risk families in Central New Mexico.

“What we do affects generations to come.”
Board of Directors

Executive Director:
Susannah Burke, LCSW

Founder:
Angie Vachio

Board of Directors:
Peter Klages, Board President- Atty.
Sarah Gopman, Vice President- Physician, UNM Family Medicine
Elizabeth Miller, Secretary- Retired UNM Administrator
Cristina Archibeque, Member- Law Firm Office Manager
   Barbara Bergman, Member- Atty., Law Professor
Steward Duban, Member- Retired Physician, Pediatrics
   Fermin Gonzales, Member- Animal Humane
   Christine Landavazo, Member- Atty.
   Gianna Mendoza, Member- Atty.
Lucas Pedraza, Member- Barelas Community Coalition

Emeritus:
Sue Gunckel- Accountant/Teacher (retired)
   Ramona Lujan- Finance (retired)
Jolene Maes- Child and Family Public Policy Advocate (retired)
   Joan Hart- Child Advocate (retired)
   Beate Hitzler- Finance (retired)
A Letter from the President of the Board

Dear PB&J Friend,

PB&J is coming to the end of a challenging, yet rewarding, year. We have continued to address the increasing needs of our clientele, while dealing with the ongoing uncertainties about the streams of funding upon which we rely and the general political climate. Despite those uncertainties, the Board and staff at PB&J are proud of our continuing work with our clients and our ability to provide assistance to our clients.

In this past year PB&J continued to take steps to critically analyze our programs and improve our services to the community. In this past year PB&J worked with the Council on Accreditation and achieved full accreditation through that organization. The experience was both exhilarating and challenging; exhilarating, because in many ways it reaffirmed to ourselves that PB&J delivers excellent services to clients based on our dedication to our mission and the program’s sustainability, and challenging, because the process required us to take a hard look at our services, our facilities and our staffing with an eye toward addressing needed changes and improvements to our facilities for client safety and with our services to better focus the delivery of assistance to our clients. Staff did an incredible job of rising to the challenges and we believe our programs are better for the experience, not just due to the fact that our programs received full accreditation by the Council. PB&J has also continued to participate in the evaluation process which we have begun in partnership with the Evaluation Lab at UNM over the past years. This process is assisting us in developing data that supports the mission of PB&J and identifies the information that clearly demonstrates that PB&J services are having a positive impact on the lives of our clients. This evaluation process will be an ongoing part of PB&J to ensure that we are continuing to deliver the services that are best designed to assist our clients.

This past year has also been a year of change for PB&J, identifying challenges in which we will be participating in the coming years. The ongoing challenge has been to continue to serve our client communities, particularly in light of the fiscal limitations which our state faces. Despite the difficulties, our staff was able to serve over 2000 children and parents, representing approximately 900 families. This is a reminder of the dedication of our staff. The newest challenge for us to face is that PB&J was one of eight programs selected by the Bernalillo County government to participate in the development of services to the community under the new mental health funding made available through the County. Staff will be facing the challenges of meeting the requirements of this new program as we integrate it into our services to our clients. We realize that the selection of PB&J to be a part of this new program, which is just beginning as of the July, 2017 fiscal year, is another reflection of the high regard that our local leaders have for the services that our staff provides to our client community.

I have had contact with PB&J for all of the many years that I have spent as an attorney in the field of child welfare law. I have always believed that PB&J represents a unique service to the families and children who are in, or at risk of being brought into, the child welfare system. Now in my short time with the Board, I continue to be amazed at the outstanding commitment of our staff to the betterment of our families and their children. I look forward to being a part of PB&J for the foreseeable future.

With appreciation,

Peter Klages, Board President
Accreditation

PB&J is proud to be recognized by the
Council on Accreditation (COA)

All of our programs were fully accredited on March 30, 2017

“The early education program is one of the best encountered by the review team. It is totally family and child focused. Teachers are well trained and dedicated to the children. The day is organized with time for creative play and learning. Also, the setting is as beautiful and calm as learning centers may be.”

“The organization has great and unique programs under Family Preservation and Stabilization that should be duplicated nation-wide. Staff are well trained and possess advanced degrees. Clients feel accepted and respected by organization’s staff.”
What Makes PB&J Unique in our Approach to Providing Services?

For the past forty five years, PB&J has helped children and families overcome challenges using the “heart-centered” approach – a term that came from a former client who said PB&J was special because of “that heart feeling.”

Being “heart-centered” is more than warm sentiment. At PB&J the “heart-centered” approach is a specific, measurable method for authentically engaging families: Meeting them where they are, withholding judgment, listening with empathy, and then creating comprehensive services that meet each family’s unique needs.

Every family, regardless of background or history, deserves and is worthy of support, without labeling or stigma.
Every person is capable of change.

Guided by these beliefs, we have successfully engaged traumatized children and wounded parents by creating bonds of trust and respect that lay the foundation for change and growth. We see our PB&J families as worthy and capable, and they begin to see themselves that way too. As parents begin to learn new skills and become part of the PB&J community, they begin to experience and recognize success. With support, that success at home can be repeated in the community, further stabilizing that family. This is our measurable positive approach to change.
Center Based Services

**Therapeutic Parenting Program and Child Development Center**

This PB&J program is a trauma informed, psychoeducational, and interactive group. Parents or primary care-giver(s) attend with their children and learn through experiential participation. This program is for families with children birth through five years of age and utilizes the Nurturing Parenting Curriculum in combination with PB&J’s “Heart-Centered Approach.” Families participating in this program may be eligible to receive several other services provided by PB&J.

**PRE-K Extended Day Program**

PB&J’s early childhood program provides 4 year old children access to developmentally appropriate activities with a focus on school readiness. The curriculum is based on the New Mexico Early Learning Guidelines and is designed to achieve long-range goals for children in all domains including physical, motor, social, emotional, language, and cognitive.
Home & Community Based Services

New Mexico Home Visiting
This program provides parenting educational services, child developmental guidance and local community resource information to families with children (prenatal to three years old) in the home or at alternative locations at the family’s request.

Time Limited Reunification (TLR)
This is an intensive home-based program designed to support families who are reuniting with their children currently in Children Youth and Families Department protective services custody. Services provided in this program include an environmental assessment and intervention to improve individual and family interactions and increase the parent’s protective capacities with their children by building on the strengths of the parent, self and family management and case management, as well as coordination with and linkage to other services. **This program requires a direct referral from a CYFD treatment worker.**

Community Based Child Abuse Prevention Program (CBCAP)
This program is available to families with at least one child, age 0-5 years old. This program is provided to families in their home, at least twice a week, to support the family with parenting, crisis intervention and case management. Families can also participate in a parent leadership program for up to six months. **Referrals are accepted from families, other services providers, and CYFD.**

Pathways
This program is designed to reduce unmet needs, address health inequities, and improve the overall health of the residents of Bernalillo County. It focuses on positive health outcomes by utilizing community health navigators as case coordinators who connect Bernalillo County residents to resources and follow their progress toward improved health outcomes. Common systems issues are also brought to light resulting in stronger service coordination.

"I am grateful and love PB& J staff for caring about not only my baby, but about me and my other children!"

-22 year-old single mother; two older children placed in foster care, currently has custody of her 2 month-old son who was born addicted to methadone. Mother is currently on methadone therapy and involved in counseling. She reports being 12 months drug free.
Services for Families Impacted by Incarceration

Metropolitan Detention Center
PB&J provides a therapeutic environment for children and families to engage in developmentally appropriate, interactive activities while they are waiting to have a visit at the Metropolitan Detention Center (MDC). Families are screened for any case management needs with referrals given for appropriate services. The staff is trained to coach and model age appropriate interactions with attention to issues resulting from parental incarceration.

Juvenile Community Corrections Program (JCC)
Funded by Children Youth and Families Department, this program is a unique approach to working with incarcerated youth and their families. PB&J provides services inside the Youth Diagnostic and Development Center (YDDC) and Camino Nuevo that are gender responsive, culturally competent and based on the participant’s individualized needs. For the incarcerated teen parents, JCC emphasizes intensive individual parenting skills, life skills, parenting groups, therapeutic supervised family visits, as well as intensive home visiting upon release.

Fatherhood Reentry Program
PB&J’s Fatherhood Reentry program strives for the successful reunification of fathers and their families following incarceration. Reunification is an indicator of success, correlating with lower drug use, greater likelihood of finding jobs, family safety, and reduced criminal activity. PB&J Fatherhood Reentry partners with the New Mexico Corrections Department (NMCD) as part of its comprehensive reentry strategy for pre- and post-release programming. Services provided to fathers within correctional facilities include pre-release parenting classes and therapeutic parent-child visitation. PB&J also works with the children and caretakers outside of the facilities by providing case management and community resource referrals. Fatherhood Reentry also offers post-release support through therapeutic bonding-attachment programs, home visiting, a weekly support group for participating fathers and their families, as well as subsidized employment and job training opportunities.

“PB&J has helped me tremendously, while incarcerated… my Parent Reentry Specialist brought my kids to visit me, that meant so much to me!! I am currently utilizing PB&J’s amazing support services now that I’m out.”

- Fatherhood Reentry Program participant
In FY2017 PB&J Accomplished the Following:

- 2,059 parents and children served
- 7,000 service hours provided between all three PB&J sites
- 2,053 group service hours provided between all three PB&J sites
- 21,715 service hours provided offsite in the home and community
  - 5,904 passenger trips provided on PB&J vans
  - 10,563 meals served to our families

Evaluation done by the Evaluation Lab at the University of New Mexico shows that families served by PB&J demonstrate statistically significant improvement in the following areas:

1. Housing stability, habitability, and hygiene.
2. Parents' use of appropriate disciplinary practices, supervision of children, provision of enriching learning opportunities, and reduction of drug/alcohol use.
3. Bonding, communication, and the incorporation of family routines and rituals.
4. Reduction in domestic violence and conflict, as well as abuse and/or neglect of children.
5. Children's performance at school, behavior, and relationships with other family members.
7. Parents' ability to find and maintain employment, reach and maintain sufficient income, manage finances, as well as ability to access food and transportation.
8. Physical and mental health.

Parents also self-report reductions in family stressors and an increase in protective factors (family functioning and resilience, social and emotional support, as well as availability of concrete support).

“As a former client who received services from PB&J it helped me to discover things that I never thought would be possible in my life, such as becoming a great mother to my daughter. PB&J also helped me realize that I am a strong independent woman.”

-Rosa Lamas, PB&J Kitchen Staff Member and Former Client
Revenues

Bernalillo County MDC

Bernalillo County $ 56,357.00 1%

CABQ Department of Health & Human Services

City Of Albuquerque $ 76,738.00 2%

Molina Healthcare Medicaid

CYFD $ 46,416.00

CYFD - Pre-K

CYFD $ 139,386.00

CYFD Children’s Trust Fund

CYFD $ 82,805.00

Home Visiting Services (Community Based)

CYFD $ 222,839.00

CYFD TLR Bernalillo County

CYFD $ 203,810.00

CYFD - CC Food Program

CYFD $ 27,891.00

CYFD Home Visiting Level II CBCAP

CYFD $ 21,936.00

CYFD Juvenile Community Corrections

CYFD $ 345,873.00

CYFD Family Support Services #2

CYFD $ 101,693.00

CYFD Home-visiting

CYFD $ 129,500.00

$ 1,322,149.00 33%

NM DOH FIT 0-3

DOH $ 159,000.00

NM DOH Supportive Living

DOH $ 48,000.00

$ 207,000.00 5%

Continued on next page...
Revenues Continued...

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| DOJ - Bureau of Justice Assistance | Federal | $ 299,870.00 |
| Enlace Comunitario                | Federal | $ 15,000.00  |

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Continued on next page...

“They accepted me. They didn’t have any judgment. A lot of people, they see your tattoos and think you’re a bad person, but here they didn’t. I’ve learned all kinds of things here. Like for instance that my hijita’s cries mean different things – when I hear how she’s crying I can figure out what she needs. I didn’t know that before. Or to take a moment and not react so fast. Do you know how frustrating it can be to parent? They showed me just to take a minute. I’ve learned all kinds of things here.”

-Single father and PB&J program participant.
## Revenues Continued...

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## Expenditures

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PB&J Locations

South Valley Administrative Offices & Therapeutic Child Development Center

1101 Lopez Rd. SW Albuquerque, NM 87105
Phone: (505) 877-7060 Fax: (505) 877-7063

Southeast Heights Office & Therapeutic Child Development Center

209 San Pablo SE Albuquerque, NM 87108
Phone: (505) 944-7224 Fax: (505) 944-7229

Town of Bernalillo Office & Therapeutic Child Development Center

255-A Camino Del Pueblo Bernalillo, NM 87004
Phone: (505) 867-2356 Fax: (505) 867-2357