



Dear B&J,

I believe it was 1998 or 1997 when I had help from B&J Family Services. I was living in an abusive situation and my son had been hurt. I was homeless and my B&J counselor helped me get resources I could use at the time. I would like to thank my counselor for all her help. I would also like to thank you for all of the great work that B&J does. The help I received was such a blessing.

I have been happily married almost 8 years now, have 3 healthy happy children, live in a great home in a safe neighborhood and run my own business now. I am truly blessed!

Keep up the wonderful work and thank you again!

Christina Cadworth

“What we do today affects generations to come”

ANNUAL
REPORT
2007-2008



A Message from Our Board President...

This has been another extraordinary year at PB&J Family Services. Our three Co-Executive Directors – Susannah Burke, Troy Martinez, and Debbie Sanchez – have completed the transition from Angie Vachio’s years as the Executive Director and demonstrated that this unique leadership structure can work and work most effectively. All three bring a wealth of experience at PB&J to their leadership roles and have worked tirelessly to make this a successful year at PB&J. Their vision and leadership will make it possible for PB&J to reach out in the future to even more children and families in need of the services the agency provides.

At the same time, we know that these are difficult economic times for so many – including the clients at PB&J. And we know that a difficult economy translates into increased family violence as families experience the additional stresses caused by financial problems. As a result, we have doubled our efforts to find the necessary funding to continue the programs at PB&J. We have a new Development Director on board, Dina Ma’ayan, who has brought amazing creative energy to try to find new sources of funding for the many projects at PB&J. In addition, over the past year, the Board of Directors has continued its efforts to increase the endowment fund at the Albuquerque Community Foundation — fittingly called “Angie’s Legacy”— which we hope will provide funds over the years for PB&J to continue the work to which Angie has dedicated her life.

The work that PB&J does depends on the talent and dedication of its staff. I never cease to be amazed by the energy and compassion that everyone brings to PB&J every day. This is hard work and it can wear even the strongest people down. But we are so fortunate to have a staff that never gives up. No matter how difficult a problem, they find a solution; and that is apparent throughout all the programs at the agency. This past year PB&J served almost 1,900 individuals and families – 200 more than the year before.

During the past year, PB&J’s Bernalillo Therapeutic Preschool Program also received the Academy for Early Childhood Program Accreditation from the National Association for the Education of Young Children (NAEYC). It was one of the first programs in New Mexico, as well as one of the first in the country, to be so accredited.

Ultimately, what PB&J is able to accomplish depends on everyone who is part of the agency – the Board, leadership, staff, our clients, and the support of our friends. As a result, I have no doubt that PB&J will continue its remarkable work for years to come.

Barbara Bergman

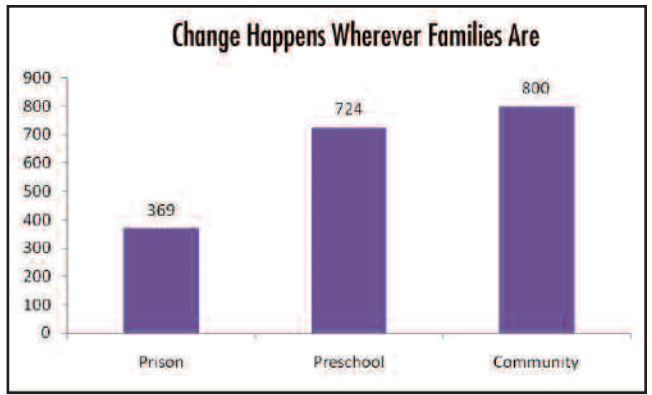
Barbara Bergman
Board President

PB&J Family Services

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505-877-7060**

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This year PB&J served almost 1,900 clients an increase of 10% from last year.

The parent/child relationship is the cornerstone of our treatment practices. Every child participates with the involvement of his/her parent(s).

Services are offered in the prisons, in the home and the community and on site through our Preschool Program.

Executive Directors

Susannah Burke - Clinical Services
 Troy Martinez - Operations
 Debbie Sanchez - Programs

Founder

Angie Vachio

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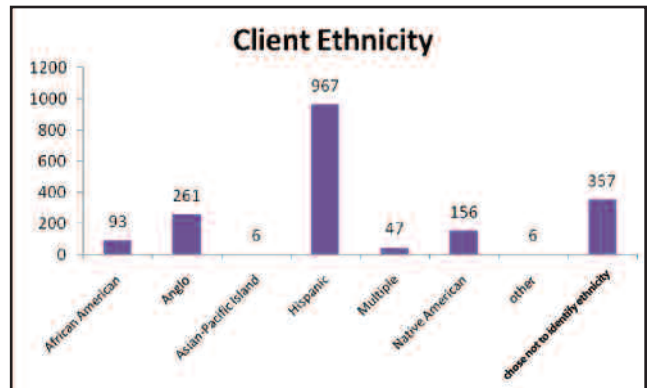
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PB&Js sees clients within the broader context of political climates, social stressors, intergenerational poverty, immigration and family fragmentation, trends of criminal justice and incarceration, as well as lack of social welfare and educational supports. Families also face risk factors such as mental illness, developmental disabilities, substance abuse, domestic violence, or incarceration.

About one third of the parents involved in PB&J programs are children themselves; under age 18 and struggling to raise families.

Since 1972

Since 1972, PB&J Family Services envisions a world where children do not experience violence. In hopes of achieving this mission families are provided with therapeutic support, case management, life and work skills, budgeting, counseling, parenting, health care, nutrition instruction and transportation.

Helping
at-risk children to grow and
develop their full potential

in nurturing families

within supportive
communities

PB&J Affects Generations to Come!

Therapeutic Preschool Program

The program that opened PB&J's doors in 1972 continues to provide services for children age birth to 5 and their parents in an intensive, interactive parenting education offered in Albuquerque's South Valley and in the town of Bernalillo.

- Graduated over 40 children from the Therapeutic Preschool into Kindergarten, all of whom were formally at risk. The parents who have graduated are now more confident in their parenting and provide greater safety to their children.
- Over 80 children saw the Jemez mountains for the first time through fieldtrips
- Provided parenting support to over 700 children and parents.

School Based Health Center: PB&J houses a Health Center within our Preschools. These are the only certified Health Centers in NM that are located in a preschool.

- Hundreds of homes were visited and made safer
- All children receive wellness checks within 30 days of enrollment in the Preschool
- 100+ families attended PB&J's 1st Annual Family Health Fair

Community Programs

Home Visitation: provides in-home parenting, support and case management services to high-risk families isolated geographically or socially.

- Tens of thousands of in-home parenting visits with families.

Supported Living: provides in-home daily living, parenting education and training to families in which one or both parents have developmental disabilities, have severe mental illness or traumatic brain injury.

- Facilitated 32 group sessions for parents with developmental delays.

Bernalillo County, Metropolitan Detention Center: provides jailed parents parenting and life skills training and reunification supports to maintain the family unit. PB&J transports children to the jail so they can receive "contact visits" with their parents.

- Facilitated over 170 contact visits between children and their jailed parents.
- Conducted over 160 parenting and reintegration classes for jailed parents.
- Collaborated with San Miguel County to create a similar program.



Juvenile Justice System: encourages bonding and attachment between teen parents who are incarcerated juvenile offenders and their children. PB&J also works with non-parenting teens to teach life skills to reduce recidivism.

- Facilitated over 180 classes for teens at YDDC.
- Impacted the lives of 70 incarcerated teens and 26 teen parents in the community.
- Had the first overnight visit between mother and child when a 17 year old gave birth to her son. Because of the success of PB&J's two "Bonding & Attachment" center on site, mother and child were allowed to stay together for four nights and five days, giving the child an initial sense of attachment and changing mom forever. "I never knew what love was until now" said the new mom whose motherhood began with dignity instead of shame.

Safety Groups: teaches middle and high school age girls identified as at risk for domestic violence to learn to recognize and avoid danger and learn about safety planning.

- Weekly Safety Groups were conducted in 5 schools, providing services to over 500 girls.

Time Limited Reunification (TLR): provides support and parenting training to families overcoming separations due to court mandates and foster-care placement.

- Provided intensive services to 42 families and saw 37 families reunified.
- 81 children formerly placed in State's Custody and through PB&J's involvement were reunited with their parents who now provide safer more stable homes.

Prison Programs

ImpACT (Importance of Parents and Children Together) operates in four New Mexico correctional facilities and provides incarcerated parents with parenting and life skills training, encourages bonding and attachment, provides support groups for parents and children, facilitates family visits, and provides reunification support.

- 100 incarcerated moms and 100 dads learned to be better dads through PB&J's Parenting Classes
- Over 60 families broke through isolation and found community and support through weekly Tuesday night classes for families impacted by incarceration.



Hancock Family Visits with PB&J

Overnight Visitation:

PB&J started a new Overnight Visitation program this year. After 10+ years of planning and collaborating, the Women’s Correctional Facility in Grants, NM now has a family trailer where children visit with their incarcerated moms from supper through breakfast the following morning. The trailer is decorated as a home, complete with a living room, bedrooms, fully stocked kitchen, and toys for children of all ages. Families make dinner together, play together, and in the morning make breakfast together all in an effort to increase the bond between parent and child and ease the incarcerated moms transition back to family after release. More than 20 children spent the night with their moms from its inception in March through June, 2008.

KidPACT: seeks to break the intergenerational cycle of crime by working with school-aged children who have incarcerated parents.

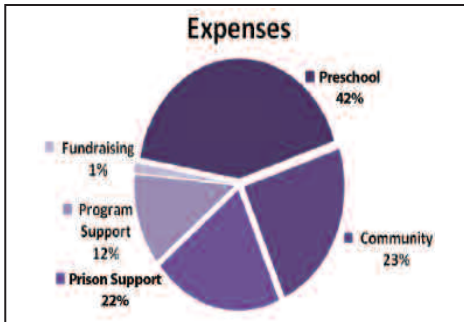
- More than 40 children at 6 elementary schools participated.
- A waiting list of 4 additional elementary joined the waiting list of schools lobbying to also start a KidPACT program at their school.

Healing Hearts: Healing women’s trauma and ensuring their ability to nurture is at the core of this cutting edge program that brings rescue dogs inside the prison walls to be a part of the therapeutic healing of a select group of women. The women are responsible for caring for and training the dogs in preparation for their adoption. This model program builds bridges between the corrections population and the community by allowing the women an opportunity to give back and ultimately saving the lives of dogs who otherwise would have been euthanized.

- Provided therapeutic support to 50 incarcerated women who were participating in the program and found homes for 60 dogs.

Advocacy: PB&J strives to ensure long lasting changes not only in our families but in our governing systems.

- Participated as appointed member in home visitation task force to create a universal voluntary home visitation system in New Mexico
- Participated in the Governors prison reform task force to increase community capacity for alternatives to incarceration, enhanced prison rehabilitation opportunities for inmates, and better reentry systems.
- Worked with the NM Sentencing Commission to conduct a study of gender models of probation parole
- Developed a collaboration with Medicaid to use PB&J as pilot site to work out the system issues affecting the continuous coverage of eligible children and families.

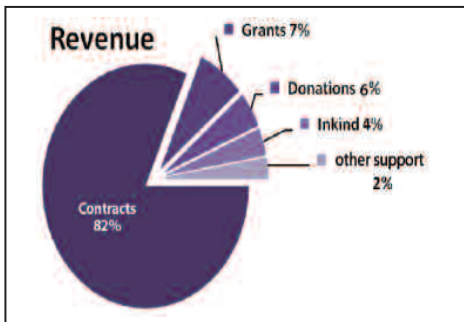


Expenses

86% of our expenses directly fund programs to strengthen parent-child bonds and create sustainability for at-risk families.

Our constant goal has been to minimize overhead expenses and prioritize engaging families with services and resources to break cycles of addiction, poverty and family violence.

Change happens within the settings of where our clients live. Services are provided at PB&J’s two Therapeutic Preschools, in family’s homes and community sites such as schools, clinics and within the jail, prisons and detention centers.



Revenue

36 years of experience has taught us that if PB&J were to rely solely on reimbursements from contracts and limited funding streams we would be providing families with band-aids. Investments from foundations, corporate partners and individual donors provide the dramatic intervention required to truly break cycles of violence and reunify families.



Mesa del Sol spends their Community Day Volunteering with PB&J

Mil Gracias to Those Who Invest in PB&J's Mission

PB&J is as strong as those who invest in our vision. Thank you to the Foundations, businesses, families and individuals who continue to believe in our mission and provide us with the wisdom, volunteerism and funding to do this critical work.

\$90,000+

Daniels Foundation
United Way

\$20,000-\$40,000

NMCF-Anon Donors Fund
Kaiserman Group, L.P.
Whitney Warner & Brady Pofahl
Con Alma Health Foundation
Albuquerque Community Foundation

10,000-\$19,999

The Stocker Foundation
McCune Charitable Foundation
Martha Egan
Heeling Hearts
Hawthorn
DomanicaFoundation
Frost Foundation
NMCF - SBHC

\$5,000-\$9,999

Thaw Charitable Trust
Lumpkin Family Foundation
Rotary Club del Norte
Limited Brands
Mesa Del Sol
PNM Foundation
Hancock Family Foundation

\$1,000-\$4,999

South Valley Exchange
United Drilling Inc
Scott Family Foundation
Moody & Warner, P C
Walmart Foundation
Kiwanis Club
Defined Fitness
Rio Rancho Rotary Club
Lexus of Albuquerque
David & Leslie Bernitsky
Cardinal Health
Sandia Prep
Bank of Albuquerque
Albuquerque Academy
Jayne Leighton
NM Mutual Co
Miller Stravert PA
AJ & Beverly Bernitsky
LK Vigil Children's Foundation
NM Back Institute
Nica Friedman
Barbara Friedman
Walmart Foundation
Cardinal Health

Our warmest thanks to...

The Bernalillo County and the Town of Bernalillo for housing us.

Moody & Warner, PC for donating their legal services.

To all of those who donate clothes, toys, books, food and much needed contributions to our program.

We want you to be a part of PB&J's Success:

New ideas, volunteers and donations are always welcome. Call us at (505) 877-7060 or visit us online at www.pbjfamilyservices.org.

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